



# The Spa

- Unwind, Recharge, and Pamper Yourself -

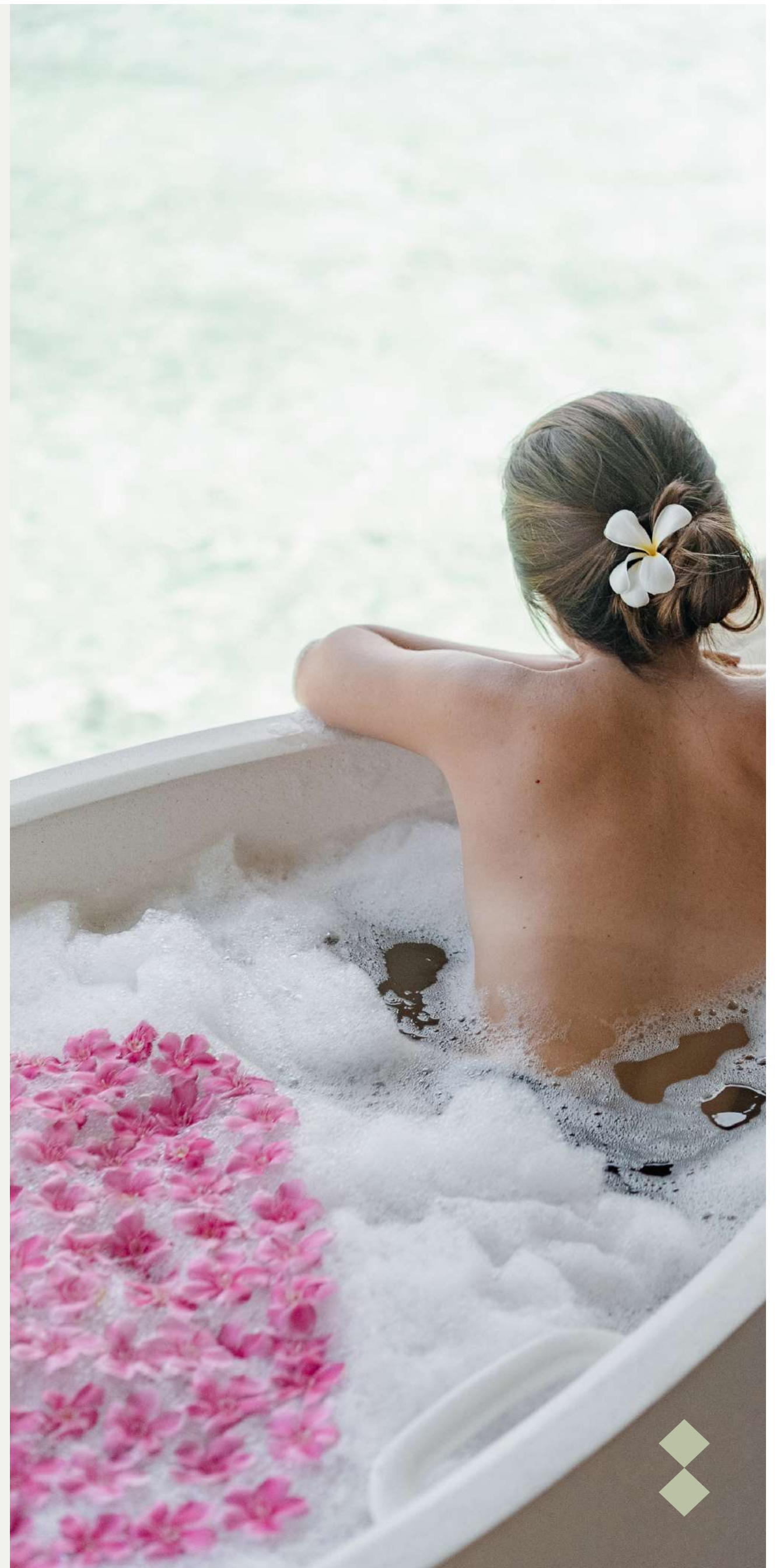
**Kuda Villingili**

Time and Space Redefined

## EXPERIENCE TRUE SERENITY

Escape to the crown jewel of the island and indulge yourself with a whimsical and luxurious touch at our wellness wonderland. Ocean Wonders spa is a kingdom itself located on a separate island which allows you to experience true love, serenity, and tranquillity.

Embrace calming luxury in one of the nine wonders accompanied with a sparkling 360-ocean view, floral bathtub, steam rooms, facials, massage, nail services, salon, and other special therapies.





# SPA ETIQUETTE

## Health Matters

Please communicate health conditions such as high blood pressure, allergies, pregnancy, or any health-related concerns you may have when making your appointment. We do not recommend the consumption of alcohol before or directly after spa treatments.

## Spa Attire

We will provide you with spa attire, including a choice of spa undergarments. Alternatively, you may choose to wear your own. Choose what is most comfortable for you. Our therapists will always use draping techniques to respect your privacy.

## Valuables

We provide a secure place for your belongings to be placed inside the spa villa; however, we do not accept liability for loss or damage. It is recommended to store valuable items inside the safe located in your villa.

## Punctuality

Arriving late may make it necessary to limit the time for your treatment so the next guest is not delayed. Please arrive at The Spa reception ten minutes prior to your scheduled treatment time.

## Gratuities

In appreciation of outstanding service, gratuities for staff may be left at your discretion. For your convenience, gratuities may be charged directly to your room.

## Cancellation & Changing Time Policy

The treatments you select are reserved especially for you. Guests will be charged a 50% cancellation fee for treatments cancelled or moved less than six hours prior to the appointment time, and no-shows or cancellations or moved with less than two hours' notice will be charged at 100%.

## Entitled Policy

Kindly note the entitled treatment from your room package is non-transferable. Once the booking is confirmed, the slot time is reserved especially for you and may not be changed or cancelled.

## Smoking

Kindly note the spa and health club facilities are designated as non-smoking zones.

## Mobile Phones

Kindly refrain from using your mobile phone on the spa premises. Please keep your mobile phone on silent mode at all times.

## Minimum Age

The minimum age for entry to the spa and health club facilities is 16 years.

**Hours of Service:** 10:00 to 19:00 hours.

Please contact Butler for reservations and enquiries. Prices are in USD and are subject to change without notice. Price are inclusive of 10% service charge and 16% TGST.



# THERAPEUTIC MASSAGES

## Kuda Villingili Signature Massage

60 minutes \$ 340 net

90 minutes \$ 400 net

When two therapists and four hands hit your body, your mind reacts differently. At first, you might find yourself trying to keep track of the therapists, where each one is and what each one is doing, struggling to keep it all in a very logical order in your head. It combines sweet orange, lotus and rose aromatherapy oil to dissolve deep muscle tension and soothe the spirit.

## Balinese

60 minutes \$ 240 net

90 minutes \$ 280 net

This traditional Balinese massage includes stretching, palm, and thumb pressure with deep effleurage techniques to draw oxygen into the muscles, relieve tension, improve blood circulation, and calm the mind.

## Swedish

60 minutes \$ 230 net

90 minutes \$ 270 net

Swedish massage can create relaxation for different muscles of the body as well swedish massage uses five different massage techniques, Effleurage, petrissage, Tapotement, Friction Vibration are unique and different from other massages.

## Lomi Lomi

60 minutes \$ 250 net

90 minutes \$ 290 net

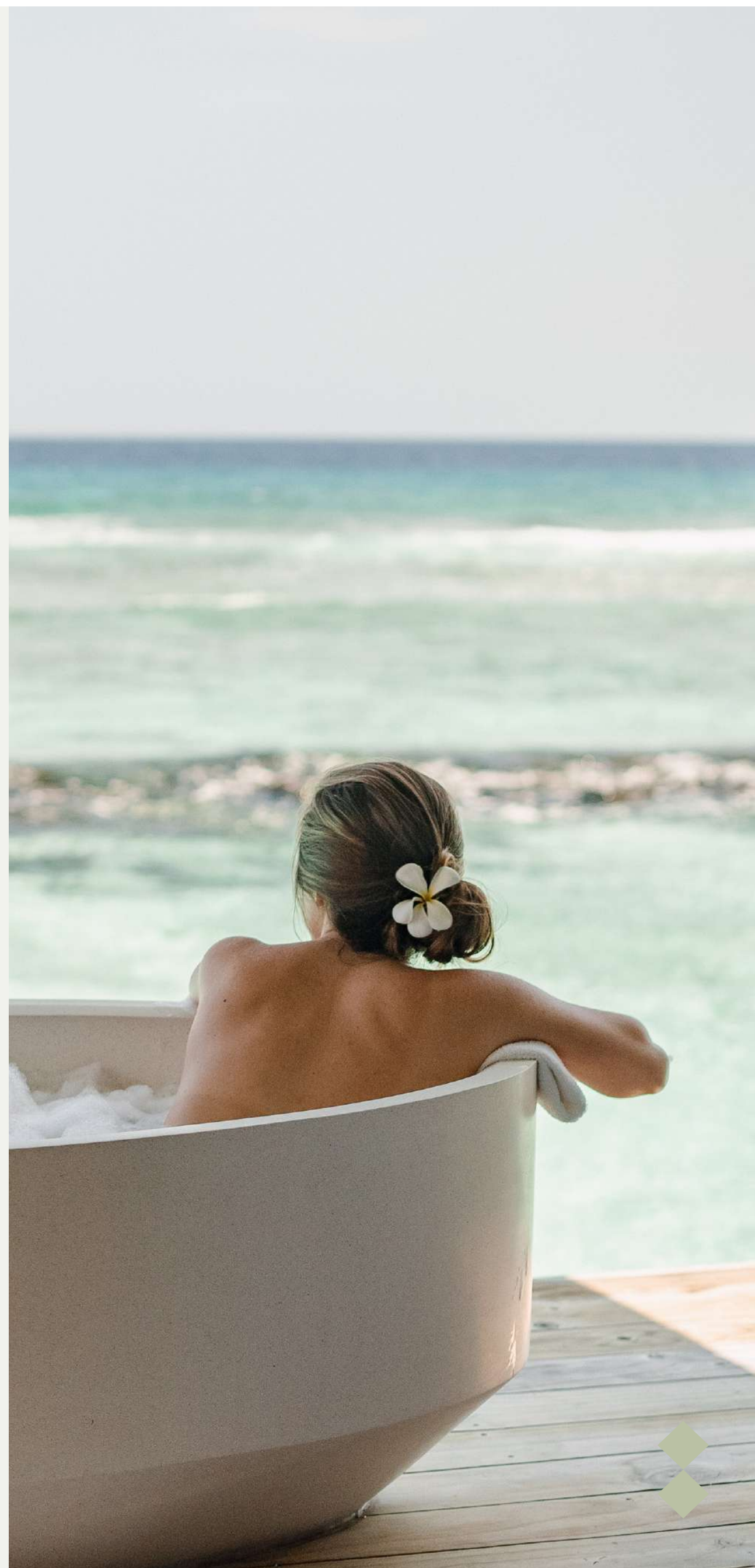
This revolutionary massage technique combines long stroking arm and palm movements with aromatherapy oil to release muscle tension and promote well-being.

## Aromatherapy

60 minutes \$ 240 net

90 minutes \$ 280 net

It is the type of massage that uses essential oils (highly concentrated plant oils). The primary focus is relaxation and mindfulness. During Aromatherapy, the essential oil molecules get absorbed through your skin. The primary focus of this massage is relaxation and mindfulness.





### **Aloe Vera**

60 minutes      \$ 293 net

It is performed with natural aloe vera gel for dry or sensitive skin. Aloe extract helps skin regeneration, leaves a pleasant feeling of chilled skin, and has a soothing and relaxing effect.

### **Traditional Thai**

60 minutes      \$ 260 net

90 minutes      \$ 290 net

Traditional Thai massage technique with pressure points and ample stretching stimulates deep relaxation and improves blood circulation.

### **Hot Stone**

90 minutes      \$ 300 net

The Hot Stone massage combines warmed stones and massage techniques to relax tense muscles, relieve pain and stiffness, and improve circulation.

### **Deep Tissue**

60 minutes      \$ 260 net

90 minutes      \$ 300 net

A variety of modalities are used to relieve muscle tension and troublesome aches. This customized treatment involves stretching and various massage techniques for those in need of moderate to harder pressure. It is a fantastic way to feel good and enhances physical performance, prevents injuries, improves circulation, and reduces stress. You are on your way to well-being with this therapeutic treatment.

### **Raw Baby Coconut**

90 minutes      \$ 300 net

Here is a healthy goal with the bonus of feeling luxurious. Receive a professional massage, where the therapist targets your pressure points using raw baby coconut and massages you with warm coconut oils, which are relaxing and has numerous health benefits. It can help manage stress levels, reduce blood pressure, and heart rate, ease sore muscles and stiff joints, lower levels of stress hormones, and enhance immune function.

### **Prenatal**

60 minutes      \$ 293 net

It is an ancient Balinese pregnancy massage technique with unscented oil to relax the tensed muscles, ease sore spots and improve blood circulation to make you feel the ultimate relaxation.







# AYURVEDIC MESSAGES

## Ayurvedic

75 minutes                      \$ 258 net

120 minutes                    \$ 335 net

*(Performed by male therapist)*

It is a form of Indian Ayurveda Massage that involves massaging the entire body from the head to the toe with warm herbal-infused oil, applying moderate speed and pressure that restates the body and mind to a relaxed mode. It yields myriad benefits, such as improved blood circulation, strengthened body tolerance, improved skin smoothness and softness, and decreased hyperpigmentation. It also helps to remove fatigue, stress, and pain, making it perfect for relaxation.

## Jivantika

120 minutes                    \$ 350 net

*(Combination of Ayurveda Massage & Shirodhara)*

A revitalizing treatment to obliterate fatigue and restore well-being. This therapy commences with head, neck, and shoulder massage, followed by a full body massage, creating absolute relaxation. The remedy concludes with Shirodhara, which releases mental stress and induces sound sleep.

## Shirodhara

75 minutes                      \$ 293 net

Shirodhara is a traditional form of ayurvedic therapy which involves the continuous pouring of specific medicated oil over the forehead, which helps to release mental stress and induce sound sleep.

## Prishtabhyangam with Kizhi

60 minutes                      \$ 238 net

90 minutes                      \$ 293 net

Prishtabhyangam with Kizhi is a therapy where hot compressions are given with a herbal poultice, followed by an oil massage recommended for back aches and improving blood circulation.

# REVIVING BODY POLISH RITUALS

## **Silk**

75 minutes                      \$ 230 net

*(Includes 15 minutes steam room)*

Sweet almond with milk is ideal for all skin types except sensitive complexions. It is excellent to exfoliate dead cells and leave the skin silky and soft.

## **Frangipani**

75 minutes                      \$ 210 net

*(Includes 15 minutes steam room)*

This fragrant indulgence combines Balinese frangipani powder with aromatherapy oil for polishing. It is the ultimate way to smoother, softer, and more radiant-looking skin.

## **Coconut**

75 minutes                      \$ 200 net

*(Includes 15 minutes steam room)*

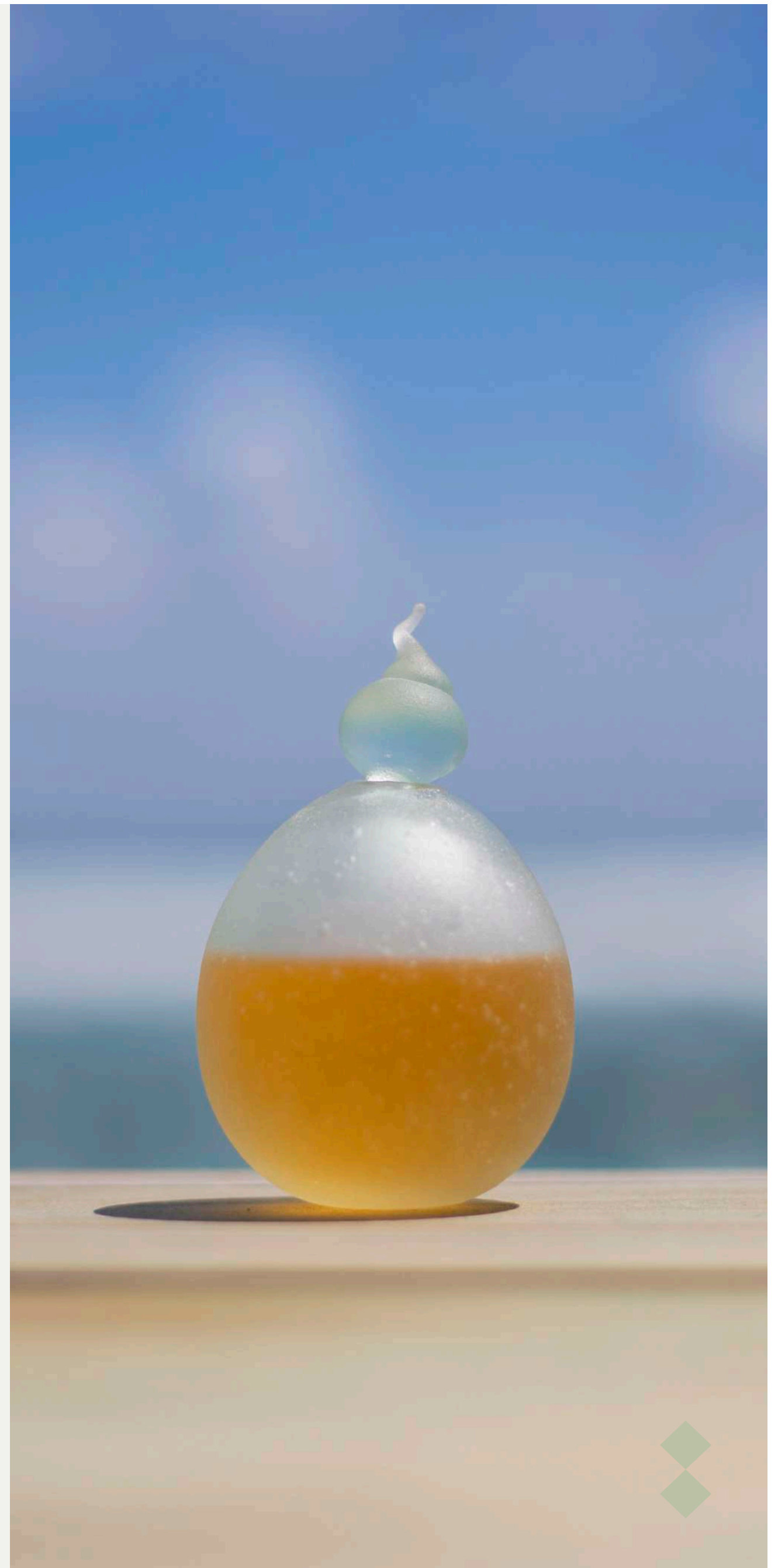
Coconut is an essential element in traditional Asian beauty routines. This fruity floral scrub contains natural ingredients to revitalize tired skin.

## **Sandalwood**

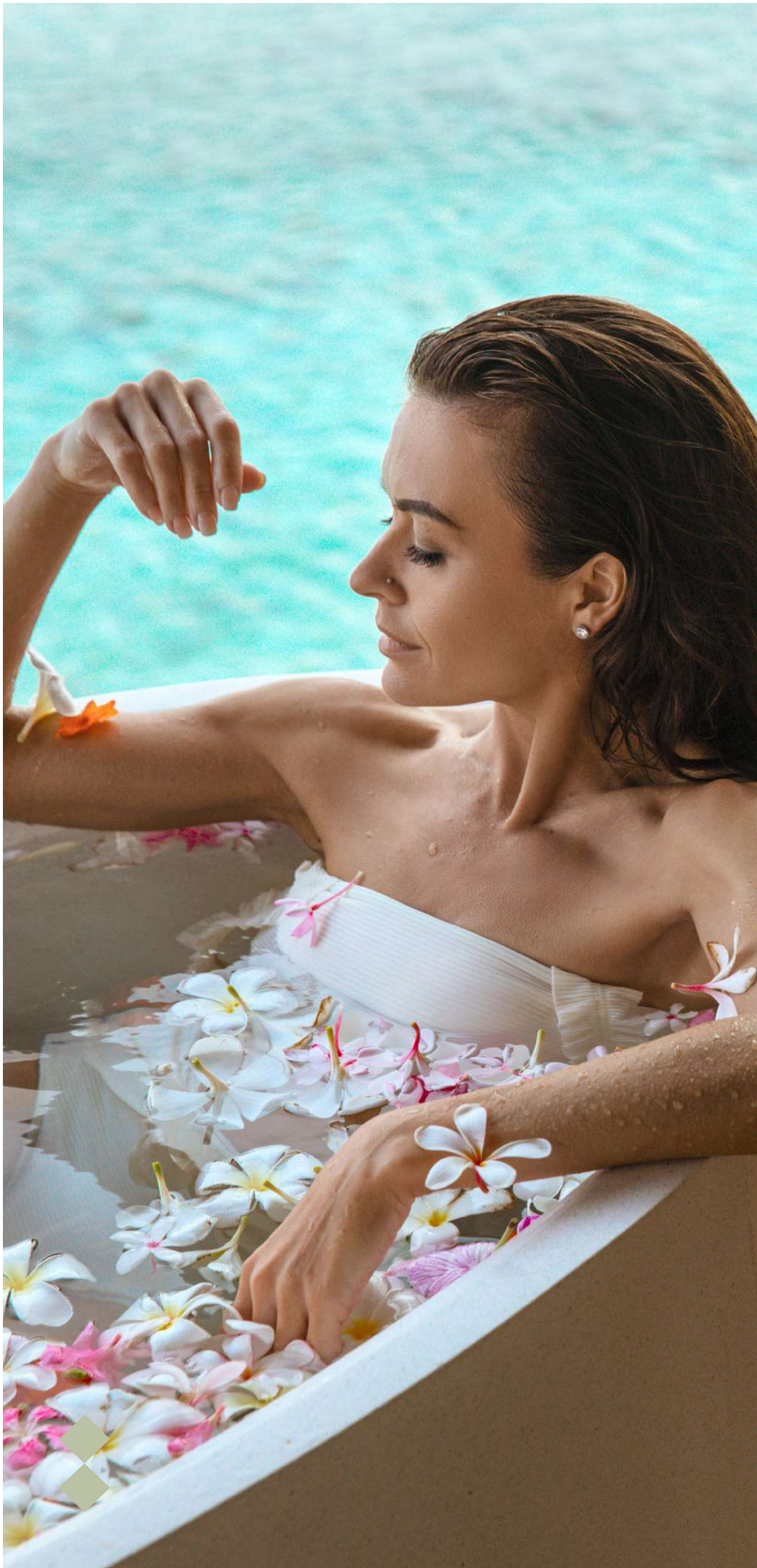
75 minutes                      \$ 240 net

*(Includes 15 minutes steam room)*

Sandalwood extract is an essential ingredient for restorative skin care with revitalizing results.







# NURTURING ENVELOPMENT RITUALS

## After Sun Treatment

30 minutes                      \$ 147 net  
60 minutes                      \$ 293 net

Heal sunburn quickly with the soothing aloe vera gel for face and body treatment to nourish, comfort the skin and reduce heat and redness.

# REJUVENATING BEAUTY RITUALS

## Power Hyaluronic

60 minutes                      \$ 300 net

This incredible organic illuminating facial is particularly good for sensitive, maturing, or dehydrated skin. Using a combination of antioxidant algae complexes and a restorative blend of organic ingredients, this facial incorporates a pressure point facial massage to improve radiance. It also helps to fight the signs of ageing and reduce the appearance of fine lines and wrinkles through lifting, plumping, and firming. Organic seaweed of wild Atlantic seaweed - is placed over a richly blended oxygenating face mask, particularly with eye treatment. Attention is paid to the neck and shoulder massage.

## Anti-Ageing

60 minutes                      \$ 300 net

This treatment smooths the skin, enhances any texture of the skin, and fixes all skin complications. It removes toxins and impurities from the facial pores and reduces the appearance of fine lines and wrinkles while firming up the skin. Moreover, it helps reduce the appearance of scars, acne marks, and spots.

## Deep Pores Cleansing

60 minutes                      \$ 220 net

Our Deep Pores Cleansing Facial – Extraction Facial – is the ideal treatment for women with oily or acne-prone skin. It's also an excellent option for those who want to refresh their skin, no matter their skin type. This skin care facial focuses on the extraction of white and blackheads and acne, and other impurities in the skin. Before the deep pore extrapolation, our aesthetician first cleanses and purifies the skin, then applies a soothing mask to moisturize and revive the skin.



# PACKAGES

The Pearl - 2 Day		\$ 450 Per Person
Day 1	Deep Tissue Massage	60 minutes
	Express Facial	30 minutes
Day 2	Silk Body Polish	60 minutes
	Floral Bath	30 minutes
Royal Island - 3 Day		\$ 600 PP
Day 1	Raw Baby Coconut Massage	60 minutes
	Scalp Massage	30 minutes
Day 2	Frangipani Body Polish	60 minutes
	Floral Bath	30 minutes
Day 3	Fruit Facial	60 minutes
	Eye Treatment	30 minutes

## You and I Ritual (Couples Treatment)

180 minutes      \$ 700 net

Female:

Aromatherapy Foot Polish, Ancient Balinese Massage, Fruit Facial, Silk Body Polish, and Floral Bath

Male:

Aromatherapy Foot Polish, Ancient Balinese Massage, Traditional Asian Facial, Sea Salt Body Polish, and Floral Bath





# Kuda Villingili

Time and Space Redefined

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